

9 ACTIONS

YOU MUST TAKE IMMEDIATELY
FOLLOWING AN

EMP STRIKE



PrimalSurvivor



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1 – Deal with fires.

It's possible that the EMP may have generated electrical fires.

Quickly check around the house (smoke detectors wired into your home's electrical system will not be operational) and smell for smoke.

If there's a fire, putting it out, or GETTING OUT of the house, will be your first and most immediate step.

ACTION STEP:

Install one or two battery-powered smoke detectors at each end of your house or apartment and purchase fire extinguishers. Keep one in the kitchen and one in the master bedroom. It's a good idea to also keep an extinguisher in the garage and one in the upstairs hallway, convenient to all the upstairs rooms.

Buy an extra extinguisher for practice outside, especially if you've never used one before. In the heat of the moment, no pun intended, it's highly unlikely that you'll be able to focus on reading the instructions while faced with a rapidly growing fire.



2 – Use your cash.

In the first few days after an EMP strike cash will still have value.

Take all of your cash and that radio flyer wagon your kids have and walk down to the corner store.

Avoid the big retail stores, I suggest finding the corner gas station or local drug store.

The owner of the store will no doubt be there, concerned that the items in the store are unprotected during a power outage.

Explain to the owner that you are in need of some supplies, can pay cash and do not require change.

Tell him/her that you will give them an extra \$100 to allow you to “shop” for a few minutes.

Load up your wagon with anything you can find to include medication, candy bars, water bottles, pop tarts, lighters, hand sanitizer etc etc.

Of course you should be well stocked at home but you might as well get rid of your worthless paper money in exchange for any amount of extra supplies you can get your hands on.

In a week (maybe less) most stores will be completely looted so you need to take advantage of this moment.



3 – Fill up the tub(s) with water.

Hopefully you have a water bob for each bath tub in your home in addition to several other water storage devices and water purification/filtration devices.

Remember a down grid means that fresh water will stop flowing to your home very quickly.

Fill up your tub as soon as you can, that extra hundred or so gallons could prove invaluable.

If you are concerned about the quality of the water remember you can add 8 drops of regular Clorox bleach per gallon to help purify what you have in the tub.

4 – Talk to your neighbors.

This step is absolutely critical, you have to get out and talk to your close neighbors and explain to them what is going on.

They will be in denial for the most part, hopefully you have copies of the EMP report printed off which you can distribute as you go door to door.

Explain to them what is going on and that time is critical, let them know a worst case scenario means that there will be no help coming for quite a long time.

Additionally mention the following to them.

- a. Discuss a neighborhood watch. Tell them that in a few days or weeks things will get dangerous with hungry people roaming the streets. It is essential that you define your neighborhood's boundaries and set up a neighborhood watch of sorts, assigning people to different shifts.
- b. Offer to hold a meeting. Set a time that you will have a meeting at your home, say every day after sunrise in your garage. Tell them they are invited and that every day you will be there passing out information. At first you might not have anyone attend these meetings, in a few days there will be a handful and in a week you might have 50 or more hungry, scared, tired people demanding answers. If you are going to assume the role of a leader, be prepared to do just that.
- c. Tell them to use their cash. Much like you should have already done, tell them that their cash will soon be worthless and that they need to get down to the market to spend it. Most people have no cash on hand, so this probably won't be a real issue.
- d. Tell them to inventory their supplies. Most people have 3 to 5 days food on hand in their home. You should mention that they need to start rationing what they have, and taking inventory of everything else.
- e. Start identifying those with skills. While making the rounds in your neighborhood you should start identifying who has special skills and make note of it. Cops or military personnel could help with security, doctors have obvious value, and so on and so forth.

5 – Start rationing food.

Hopefully you have at least a 1 year supply of food for your family, if not more.

Start rationing immediately because more than likely you will have to share some of your food with your neighbors.

It will be unavoidable, you will need their help to survive as a community and there is absolutely no way that they will starve while watching you and your family live high on the hog.

This doesn't mean that you cannot oversee how some rations are distributed, or seek out other sources of food, but just remember nobody gets through SHTF alone.

6 – Hygiene preparations.

Consider where you are going to dispose of your human waste, it might be a good time to start digging that pit.

Also consider where you will dispose of your trash and if you will bury it or burn it.

Remember the trash man won't be around next Sunday and your toilets will stop flushing very quickly.

7 – Listen to your weather radio.

Prior to the EMP strike you had a small solar/hand crank weather radio secured in an old microwave in the basement, it still works.

You should monitor [NOAA Weather Radio frequencies](#) throughout the day in case there is information being published which you can use to stay informed.

Maybe the strike only covered 500 square miles and help will be on the way in a week, or maybe there is nothing but static...not a good sign.



8 – Consider your own security plan.

Despite all of the actions you are taking, trying to help those within your community by reaching out to organize them, realize that not everything goes to plan.

There could be dissenters within your neighborhood or those outside of your community who might choose to take advantage of the situation.

Looting will become prevalent very quickly and no neighborhood will be immune. Consider your security plan, this is no time to rely on the charity and goodness of mankind.

Remain suspicious of all activity and never walk around unarmed.

Never allow your family members to venture out alone and remember to stay in after dark.

All of that said I would caution against using deadly force unless absolutely necessary.

Protect yourself and your family but remember that there will come a time when the power does come back on and people will be held accountable for their actions.



9 – Eat a Ton.

All that food you have in your refrigerator and freezer?

It's a matter of hours before it spoils and becomes a health hazard.

With that in mind, along with the fact that you are going to be working harder, physically, and under more mental stress than you have ever been, start eating!

If you have more food than you can eat before it reaches unsafe temperatures, 40 F/5 C, give it away to neighbors.

If it's produce, slice it up and put it in a food dehydrator.

These can run on a small solar powered generator.

It's possible to use a water bath canner or pressure canner over something like a rocket stove if you want to can food (including meat in a pressure canner), but it's difficult to maintain a steady temperature and pressure.

If you plan on doing this in a SHTF scenario, practice beforehand.

Remove all uneaten food from both your refrigerator and freezer and wipe the interiors clean.

You will soon have enough issues to deal with and the smell of putrefied food is one thing you don't need.

A clean, closed fridge will be very effective at keeping critters out of your food and anything else you want to keep pest-free.



Conclusion

An EMP strike on our nation will be an absolutely catastrophic event and while I'm sure all of us hope that something like this never happens, hope is never a course of action.

Despite our best efforts to prepare for such an event there is a good chance that many will not survive.

Some have predicted that within a year of a strike, 9 out of 10 Americans would be dead.

In sports success or failure on the field of play is determined months before the actual game by how much dedication the athletes displayed during practice.

In much the same way success or failure following an EMP strike will have been determined by how seriously we took our prep strategy in the months or years prior, as well as actions which we take immediately after.

Life isn't fair, plan accordingly.

If you want to be truly prepared for any kind of total power loss, including EMP strikes, I highly suggest you [watch this video](#).